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BOOK OF PROCEEDINGS

The 4th International Seminar on Psychology

“Psychology in Individual and Community Empowerment to Build New Normal Lifestyle”



June 12, 2021

Universitas Muhammadiyah Purwokerto

Editors:

Dzikria Afifah Primala Wijaya

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Valendra Granitha Shandika Puri



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FOREWORD

The world community has changed since the 2019 Corona Viruses Pandemic or known as Covid-19. Almost no country has escaped the impact of Covid-19. The pandemic has changed the way people work, get an education, interact, and worship. The world community is now starting to be familiar with the term new normal.

Covid-19 does have a direct impact on health, but its impact is comprehensive in almost all aspects, for example economic, social, political, to education. Therefore, the new normal also creates a new life order in almost all aspects. All components of society are also striving for this new normal.

Of course, this new normal is not simple to implement. There are many challenges to be faced. For example, how to reduce the crowd in a certain number, but the crowd is still often found in the community. The government, institutions, organizations, and various components have urged to enforce regulations, but it is still difficult to implement this new normal lifestyle.

On June 12, 2021, the Faculty of Psychology – Muhammadiyah University of Purwokerto, held the fourth international seminar on psychology with the theme “Psychology in Individual and Community Empowerment to Build a New Normal Lifestyle”. This seminar aims to (1) Obtain various views regarding the new normal lifestyle from various psychological perspectives. (2) Obtaining research and future research issues related to the new normal lifestyle from a psychological perspective. (3) Obtain research and future research issues related to individual and community empowerment in the context of a new normal lifestyle.

Thank you

Purwokerto, September 2021
Vice Dean of Faculty of Psychology
Universitas Muhammadiyah Purwokerto

Sign.

Imam Faisal Hamzah, S.Psi., M.A

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